

# Refined



AESTHETIC CLINIC ROTTERDAM

## Aftercare skin boosters

### The first 4 hours

- Do not apply makeup to the treated areas

### The first day

- Do not massage the treated area
- Avoid saunas, hot baths, or other wellness facilities involving heat and/or steam
- Do not engage in intense physical activity or swimming
- Avoid sunlight, or protect your skin well with a high SPF

If you wish to undergo any facial treatment or use a prescribed cream within the first 2 weeks after your filler treatment, please consult your doctor beforehand.

### What to expect after the treatment

- The treated area may appear slightly swollen for the first few days. This is normal and will subside
- The treated area may appear slightly red for the first few days. This is also normal and will fade
- Bruising may occur but will typically improve within a few days

### When to expect results

- The effects of Profilla can be expected after a minimum of 8 weeks
- The effects of Sculptra can be expected after a minimum of 12 weeks
- The effects of Restylane Skinboosters can be expected after a minimum of 3 weeks
- The effects of Plinest can be expected after a minimum of 3 weeks

### **Duration of results**

- Depending on individual skin condition and the amount used, the results of a Profhilo treatment can last up to 6 months, Sculptra treatment up to 3 years, Restylane Skinboosters and Plinest treatment up to 12 months

### **When should you contact us?**

Please call us immediately (available 24/7) if you notice any of the following:

- Signs of an allergic reaction
- Discolored spots around the treated area
- White discoloration and/or cold skin in the treated area
- Severe or increasing pain of the skin
- Impaired vision or eye pain
- Pustules and/or blisters
- Signs of infection
- Increasing swelling or itching

For other questions, feel free to send us a WhatsApp message (you may include a photo). We will respond as soon as possible.

### **Final word**

If you enjoyed your visit to Refined, we would greatly appreciate it if you left us a Google Review. You can scan the code below with your phone's camera:



**Refined**

Kerkstraat 8A, 3054NC, Rotterdam, The Netherlands

+31 6 29993866

info@refinedbycs.nl

[www.refinedbycs.com](http://www.refinedbycs.com)