

Refined



AESTHETIC CLINIC ROTTERDAM

Aftercare dermal fillers

The first 4 hours

- Do not apply makeup to the treated areas

The first day

- Do not massage the treated area
- Avoid saunas, hot baths, or other wellness facilities involving heat and/or steam
- Do not engage in intense physical activity or swimming
- Avoid sunlight, or protect your skin well with a high SPF

If you wish to undergo any facial treatment or use a prescribed cream within the first 2 weeks after your filler treatment, please consult your doctor beforehand

What to expect after the treatment

- The treated area may appear slightly swollen for the first few days. This is normal and will subside
- The treated area may appear slightly red for the first few days. This is also normal and will fade
- Bruising may occur but will typically improve within a few days

When to expect results

The effects of the filler are noticeable immediately after the treatment. However, swelling is often still present at this stage. The filler will also still need to 'settle'. After 2 weeks, the swelling is usually completely gone, and the filler has settled into place. This is also the ideal time to contact us if you would like a touch-up!

Duration of results

Depending on your individual skin condition and the amount used, the effects of filler treatment generally last between 6 months (for softer fillers) and 12 months (for firmer fillers)

When should you contact us?

Please call us immediately (available 24/7) if you notice any of the following:

- Signs of an allergic reaction
- Discolored spots around the treated area
- White discoloration and/or cold skin in the treated area
- Severe or increasing pain of the skin
- Impaired vision or eye pain
- Pustules and/or blisters
- Signs of infection
- Increasing swelling or itching

For other questions, feel free to send us a WhatsApp message (you may include a photo). We will respond as soon as possible

Final word

If you enjoyed your visit at Refined, we would greatly appreciate it if you left us a Google Review. You can scan the code below with your phone's camera:



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