

Refined



AESTHETIC CLINIC ROTTERDAM

Aftercare botuline toxin ('Botox')

The first 4 hours

- Do not apply makeup to the treated areas
- Avoid excessive bending and do not lie flat.

The first day

- Do not massage the treated area
- Avoid saunas, hot baths, or other wellness facilities involving heat and/or steam
- Do not engage in intense physical activity or swimming
- Avoid sunlight, or protect your skin well with a high SPF

If you wish to undergo any facial treatment or use a prescribed cream within the first 2 weeks after your filler treatment, please consult your doctor beforehand.

What to expect after the treatment

- The treated area may appear slightly swollen for the first few days. This is normal and will subside
- The treated area may appear slightly red for the first few days. This is also normal and will fade
- Bruising may occur but will typically improve within a few days

When to expect results

- The effects of botulinum toxin are typically noticeable after 2–3 days
- The full effect of botulinum toxin is reached after 2 weeks. This is also the ideal time to contact us if you would like a touch-up

Duration of results

Depending on individual skin condition and the amount used, the results of a Botox treatment last between 4 to 6 months

When should you contact us?

Please call us immediately (available 24/7) if you notice any of the following:

- Signs of an allergic reaction
- Discolored spots around the treated area
- White discoloration and/or cold skin in the treated area
- Severe or increasing pain of the skin
- Impaired vision or eye pain
- Pustules and/or blisters
- Signs of infection
- Increasing swelling or itching

For other questions, feel free to send us a WhatsApp message (you may include a photo). We will respond as soon as possible.

Final word

If you enjoyed your visit to Refined, we would greatly appreciate it if you left us a Google Review. You can scan the code below with your phone's camera:



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